

ANESTHESIA - WHAT TO EXPECT

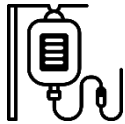
Patient Education

At **Central Texas Endoscopy Center**, our team of professionals is focused on your safety and comfort. Central to this effort is our group of highly trained and experienced Certified Registered Nurse Anesthetists (CRNAs).



A CERTIFIED REGISTERED NURSE ANESTHETIST (CRNA) will:

- Carefully evaluate your health history
- Meet with you before the procedure to answer questions and discuss the plan for your sedation
- Administer a personalized sedation plan tailored to your procedure and medical status
- Monitor you during the procedure
- Supervise your recovery from anesthesia following the procedure



ANESTHESIA

PROPOFOL

Propofol (Diprivan) slows the activity of your brain and nervous system. It is used to put you to sleep and keep you asleep during anesthesia for surgery or other medical procedures.

- Propofol is injected into a vein through an IV. A CRNA will give you this injection.
- You will relax and fall asleep very quickly after Propofol is injected.
- Your breathing, blood pressure, oxygen levels and other vital signs will be watched closely while you are under the effects of Propofol.

Before you receive Propofol, tell your healthcare providers about all your medical conditions and allergies.

- You should not receive Propofol if you are allergic to it.
- Tell your doctor if you have allergies to eggs, egg products, soybeans or soy products.
- Other drugs may interact with this medication, including prescription and over the counter medicines, vitamins and herbal supplements. Tell each of your healthcare providers about all of the medicines you use now and any medicine you start or stop using.
- Make sure your doctor knows if you are pregnant or breastfeeding. Propofol can pass into breast milk. However, as Propofol acts and leaves the body quickly, most women can resume breastfeeding as soon as they are recovered from anesthesia and are fully awake.

Please note other medications could be used for sedation for your procedure.

ANESTHESIA: AFTER YOUR PROCEDURE

Patient Education



POTENTIAL SIDE EFFECTS may include:

- Mild itching or rash
- Fast or slow heart rate
- High or low blood pressure
- Apnea (slow breathing)
- Slight burning, stinging or pain around the IV insertion area.

Tell your caregiver right away, if you have:

- A light-headed feeling (like you might pass out) even after feeling awake
- Weak or shallow breathing
- Pain or discomfort where the injection is given

Get emergency medical help if you have any signs of an allergic reaction to Propofol, such as hives; difficulty breathing; swelling of your face, lips, tongue or throat.



IMPORTANT ANESTHESIA REMINDERS

- Anesthesia medication causes severe drowsiness and dizziness, which may last for several hours
- Taking other medicines that make you sleepy or slow your breathing can worsen these effects
- **YOU MUST have someone to drive you home after your procedure**
- **DO NOT drive or operate machinery until the following day**
- **DO NOT make any important decisions or sign any legal documents until the following day**
- **DO NOT drink alcohol until the following day**

If you have any questions or concerns, call your GI physician at 979-776-4600 or contact Central Texas Endoscopy Center at 979-774-4211.